



Eat This, My Friend: Everyday vegetarian recipes for sharing (Hardback)

By Jade O Donahoo

HARDIE GRANT BOOKS, Australia, 2017. Hardback. Condition: New. Language: English . Brand New Book. When Jade O Donahoo sold her tiny but acclaimed hole-in-the-wall cafe, Switch Board, in the heart of Melbourne, she wanted to share the secrets of her favourite dishes. She wrote down the recipes, compiling them as a gift to loyal customers and friends. Beautiful illustrations followed, and the project evolved, first to a blog, and ultimately to this little book. Eat This, My Friend is Jade s collection of more than 60 lovingly illustrated recipes for versatile, healthy veggie dishes that are fuss-free - and especially good when shared with friends. From the delicious and healthy Choc-tahini spread or Labneh + beetroot bagel that will get you through breakfast with a breeze, to Lemony broccoli quinoa salad, or a Peperonata tart that will stave off the lunchtime hunger pangs, and meals such as Thai-style pumpkin soup or Lentil shepherd s pie that will keep you satisfied for dinner, Eat This, My Friend has you covered for every occasion. A whole chapter is set aside for sides, a meal that is often overlooked, with Raw zucchini agrodolce or Honey + harissa glazed sweet potato, then its onto...



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