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By Michael Hawton

Exisle Publishing, Australia, 2017. Paperback. Condition: New. Language: English . Brand New Book. Parenting teenagers can be tricky at the best of times. But when the tough issues arise - behavioural problems, unacceptable risk-taking, bullying, alcohol abuse - things can get extremely difficult and parents can struggle with what to do. Drawing on psychologist Michael Hawton s 30 years of experience, Engaging Adolescents is a practical guide to help you steer your teenager through the challenging times with confidence. The book covers the following areas: teenagers and what helps them develop personal control; how to sort out behaviour so you don t over react; what we can learn from watching professionals who manage emergencies; and, proven, practical methods for managing tempestuous teenagers. Using case studies and based on universally-accepted mediation principles, this is a highly practical, skills-based book that gives you the tools to resolve conflict and build better family relationships. Engaging Adolescents offers a clear, method-based approach to ease the distress of parents experiencing difficulties with their teenagers behaviour.

Reviews

Extremely helpful to all category of individuals. I have got go through and that i am confident that i will likely to read through once again again later on. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Unquestionably, this is the finest function by any article writer. I have read and that i am confident that i am going to likely to read yet again once again later on. Your daily life period will probably be transform when you comprehensive reading this article book.

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