



Art of Coaching Youth Soccer: Match Related Drills and Exercises for Fun and Winning

By Jason Carney

Reedswain Incorporated. Paperback. Book Condition: new. BRAND NEW, Art of Coaching Youth Soccer: Match Related Drills and Exercises for Fun and Winning, Jason Carney, Filled with valuable coaching tips and outstanding training exercises, this book lays the groundwork for successful team and player development. Topics include: Warm Up, Running Technique, Speed Training, Pre-Season Training, Shooting, Goalkeeping, The Thinking Player, Defending, Set Plays and Team Spirit. Also includes sample practice sessions.



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