



Helping Someone with Mental Illness: A Compassionate Guide for Family, Friends, and Caregivers

By Rosalynn Carter

Three Rivers Press. Paperback. Book Condition: New. This item is printed on demand. Paperback. 368 pages. The first thing you need to know is that life isn't over. The good news, writes Mrs. Carter in *Helping Someone with Mental Illness*, is that with proper diagnosis and treatment, the overwhelming majority of people with mental illness can now lead productive lives. Based on Mrs. Carter's twenty-five years of advocacy and the latest data from the Rosalynn Carter Symposia for Mental Illness, her book offers step-by-step information on what to do after the diagnosis: seeking the best treatment; evaluating health-care providers; managing workplace, financial, and legal matters. Mrs. Carter addresses the latest breakthroughs in understanding, research, and treatment of schizophrenia, depression, manic depression, panic attacks, obsessive-compulsive disorder, and other mental disorders. She also discusses the emotional and psychological issues in caregiving for people with mental illness and offers concrete suggestions to help erase the prejudice and discrimination based on misinformation about mental illness. Her book is also a rich clearinghouse that guides readers to hundreds of specialized resources, including organizations, hot lines, newsletters, videos, books, websites, and more. This item ships from La Vergne, TN. Paperback.



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Reviews

Without doubt, this is actually the greatest function by any article writer. It is among the most amazing publication i have got read. Its been printed in an exceedingly basic way in fact it is simply after i finished reading through this publication where in fact changed me, change the way i believe.

-- Arielle Ledner

It in just one of my personal favorite publication. It is among the most awesome publication i have read. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Delia Rutherford