



Raja Yoga The Royal Road To Revelation

By V. K. Subramanian

Abhinav Publications, New Delhi. Hardcover. Condition: New. First Edition. 250pp. Through there are quite a few translations with commentaries on Patanjali's Yoga Sutras, Raja Yoga- The royal road to revelation is unique, since in this book, for the first time, the sutras are arranged subjectwise, alphabetically with English transliteration, translation and commentary to facilitate ready reference and easy understanding of the complex matters dealt with by Maharishi Patanjali. In many cases, Maharishi Patanjali's ideas have been substantiated by selected passages from the Upanishads and the Bhagavat Geeta. Additional attractive features of the book are separate chapters which examine Patanjali's yoga sutras in the context of the six systems of Indian philosophy and the Eight Limbs of Raja Yoaga. Valuable Appendices on Yogic exercises, meditational techniques, Kundalini Yoga and a Sutra Index embellish the book.



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