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New Harbinger Publications, United States, 2010. Paperback. Condition: New. Workbook. Language: English . Brand New Book. You may not know anyone else who suffers from repetitive stuck thoughts and compulsive rituals, but plenty of other teens experience symptoms of obsessive-compulsive disorder (OCD): the need to repeatedly wash their hands, check to make sure everything s okay, count possessions, put things in order, or even repeat thoughts over and over. Rituals like these may calm you down when you re feeling..

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- Released at 2010



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Reviews

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