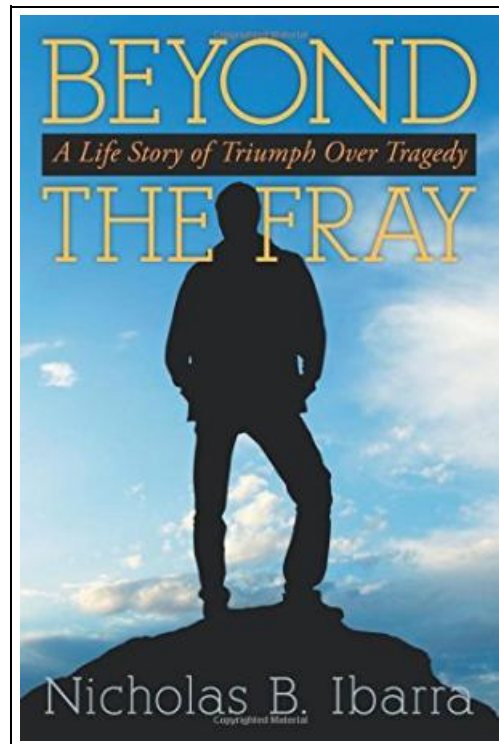


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Dog Ear Publishing, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. On New Year s Day of 2012, Springfield, Missouri City Councilman Nicholas B. Ibarra was unaware that he would be resigning in a matter of days. His name had made headline news for weeks regarding an altercation with constituents a month prior, and he was again about to be engrossed in media reports because of a second incident, this time domestic, that would alter the course of his life. As he lay in a jail cell with nothing but his thoughts, he realized he was on a quick path to becoming something he feared most: A failure. In what he considers the longest day of his life, as he sat in a jail cell, he analyzed what his life had been up to that point and what needed to happen if he was to alter its current course. From childhood tragedies to his experience in Iraq, from barely graduating high school to becoming a city councilman in the third largest city in Missouri, and from sitting in jail to being given a life of great fulfillment, Beyond the Fray offers a story of inspiration to those who believe in the strength of the human spirit and its ability to overcome all obstacles through sincere faith, clear determination, close family, and the truest of friends. Ibarra concludes his story in a final chapter with a detailed discussion of ten principles he has found and used to transform his life to one of emotional gratitude, physical serenity, and spiritual fulfillment after years of struggling with PTSD, depression, and dependency. It is his hope that he will impart to readers a realization that they and their loved ones are not alone in facing similar struggles...



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