



Forgive from Your Soul, Slow-Motion Forgiveness(sm),: The Missing Manual, Forgiveness 101 How-To Book

By Professor of Political Science Bruce Dickson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Slow-Motion Forgiveness(SM) converges NLP, Habit Body and ecumenical spirituality into a sequenced method for self-healers and/or client support. A healing intention is your greatest Tool That Heals. For each bad habit or disturbing PTSD we wish to be rid of, simply compose a Forgiveness Formula, using templates here. Then simply count off the repetitions as they emerge and your Habit Librarian deletes them for you. Works best with the Mystical Traveler as your Partner. The indivisible smallest units in psychology are one habit and one choice. Each of us as soul balances between our habits and conscious, deliberate choices. Our story is built on these but not in a 50-50 ratio. Bruce Lipton says the ratio is 95 habits to 5 free choice. If 95 of our psyche is habits, behaviors learned thru repetition; then, both good and bad habits are learned thru repetition. Our concerning issues and unwanted quot;issuesquot; are all habit collections. Taking a page from NLP, to delete a bad habit or an issue, if we delete each and every repetition it...



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