



Accidental Buddhist: Mindfulness, Enlightenment and Sitting Still, American Style (Paperback)

By D. Moore

Bantam Doubleday Dell Publishing Group Inc, United States, 1999. Paperback. Condition: New. New. Language: English . Brand New Book. The Accidental Buddhist is the funny, provocative story of how Dinty Moore went looking for the faith he d lost in what might seem the most unlikely of places: the ancient Eastern tradition of Buddhism. Moore demystifies and explains the contradictions and concepts of this most mystic-seeming of religious traditions. This plain-spoken, insightful look at the dharma in America will fascinate anyone curious about the wisdom of other cultures and other religions. Cutting through religious jargon and abstract concepts, Moore explains in clear terms why Buddhism is becoming part of popular culture. He has the rare ability to be at once sincere about religion and good-humored about the human condition. The Accidental Buddhist never takes itself too seriously--which, as Moore discovers, Buddhists aren t supposed to do, even when they are mindful, enlightened, and sitting perfectly still. Moore s hilarious and sometimes irreverent look at Buddhism is a perfect primer for the budding Buddhist. --Publishers Weekly [Moore s] witty and candid regular guy approach to these experiences is entertaining and comforting, and his conclusions are right on target. --Booklist.



[READ ONLINE](#)
[7.88 MB]

Reviews

If you need to adding benefit, a must buy book. it was writtern really perfectly and benefical. You may like the way the author create this ebook.
-- **Rebekah Becker**

This publication is definitely not effortless to get started on studying but extremely enjoyable to see. I was able to comprehended almost everything using this created e pdf. I am pleased to let you know that here is the finest publication i have go through in my very own lifestyle and could be he very best pdf for ever.

-- **Prof. Juliana Langosh DVM**