



Staying Power: Age-Proof Your Home for Comfort, Safety and Style (Paperback)

By Rachel Adelson

Sage Tree Publishing, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.STAYING POWER: Age-Proof Your Home for Comfort, Safety and Style helps you shape your space to meet your changing needs as you grow older. It s sensible, useful, comprehensive and engagingly written, says Paula Span of The New York Times New Old Age blog. STAYING POWER: Age-Proof Your Home for Comfort, Safety and Style helps you shape your space to meet your changing needs as you grow older. This practical, problem-solving handbook can help you and the people you care about enjoy freedom, comfort and safety in familiar surroundings. So belly up to the grab bar and. Boost your independence as your abilities change. Easily customize your furnishings, layout and decor without breaking your back or your budget. Stay healthy with home-based mind-and-body fitness tips. Discover hundreds of valuable U.S. and Canadian resources to help with your specific situation. Use handy checklists and shopping lists to organize and kick-start your age-proofing projects. Whether you re planning ahead, ready to act, or helping someone else, learn how to make any type of house, apartment or condo a safer, more supportive home for...



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