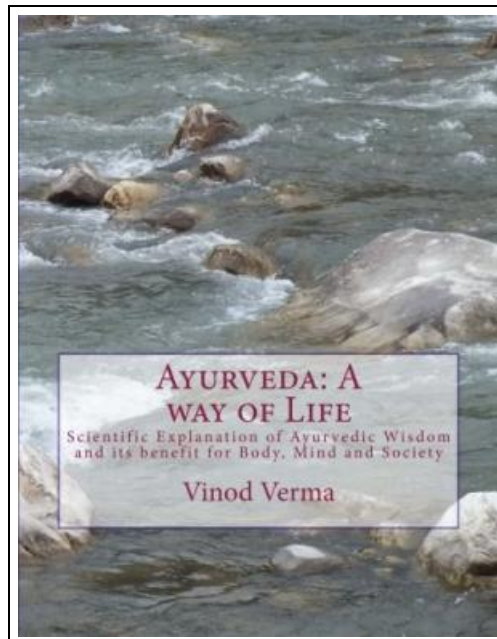


## Ayurveda: A Way of Life: Scientific Explanation of Ayurvedic Wisdom and Its Benefit for Body, Mind and Society



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