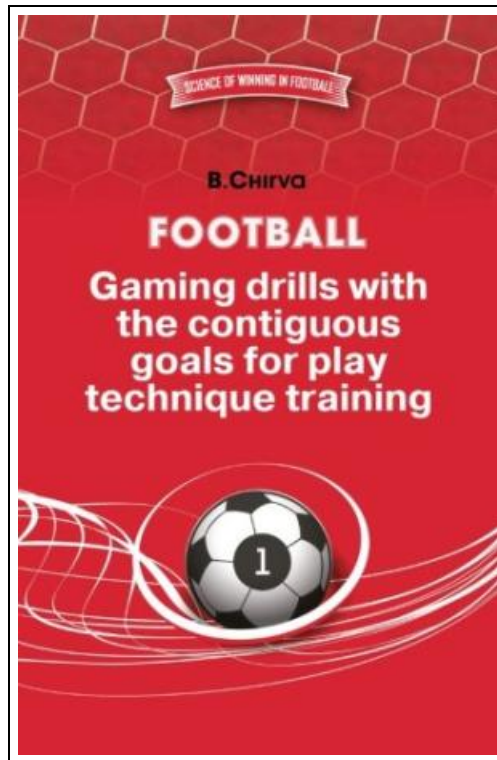


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Boris Chirva, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Dear reader. This is one of books of Theory and methods of world football devoted to football technique training. At the present day different kinds of drills differ in manner are used for improvement of players technical skills. One of the most effective are gaming drills on rather small pitch with the contiguous goals of standard size protected by goalkeepers and with handful of players in teams. In these drills players can act impromptu and apply different methods of skills performance. Principles, method and instructional techniques of development of gaming drills with the contiguous goal for play technique improvement feature in this book. 50 such drills, focused on training of attacking and defending actions technique in 18-yard box, attacking zone and the middle zone of the pitch, are listed. We hope that matter of this book would help coaches working in professional football teams and youth football in the education of top-class players.



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